

Tembo-Kenya

TEACHING-EMPOWERING-
MENTORING-BUILDING
OPPORTUNITIES
www.tembokenya.org



RURAL KENYA TOUR Feb 6-13 2012(provisional)



A tour to rural Kenya may be a once-in-a lifetime experience. Or it may touch your heart so that later you may want to volunteer with us. The tour will give you a first-hand look at the work being done by the partnership of Kenyans and Canadians to put food on the table through education and job training and to provide clean water. Tembo-Kenya has been working in rural Kenya for ten years on community development. Once a year we want to bring groups of people to see the programmes and to meet the people who implement and benefit from them. To see the full range of the activities of Tembo-Kenya go to www.tembokenya.org

What to expect: Travelers accompany Tembo-Kenya members to communities with in-progress or completed projects, interact with community members, meet with local dignitaries and have the opportunity to offer a presentation in a school. There will be time to wander in town or rest as well as to compare notes on the experience. Travelers have a unique opportunity to witness the transformations being made in the lives of the project beneficiaries through business education, literacy programmes, safer water and education for peace and harmony.



Preliminary tour itinerary February 2012

Day 1: arrive Nairobi. You will be met at Jomo Kenyatta International Airport by a Tembo-Kenya representative. Transfer to hotel. Welcome drink and short orientation. Overnight: United Kenya Club: clean, adequate rooms in a tranquil setting near Nairobi centre. Meals: dinner

Day 2: Nairobi. You will have the opportunity to plan your own day with visits to attractions such as the game park, the elephant sanctuary, the giraffe zoo, the museum, Karen Blixen house. Or maybe you just want to wander the streets and soak up the atmosphere. Overnight: United Kenya Club. Meals: breakfast; dinner

Day 3 Kakamega: A Tembo-Kenya representative will escort you to the airport early in the morning for the short commuter flight to Kakamega. Transfer to Kakamega Sports Club. Breakfast meeting with Tembo-Kenya's Kenyan advisory committee. Free time in town. Afternoon meeting with Kakamega mayor and council; visit to a local women's self-help group. Meals: breakfast, lunch, dinner



Day 4 Kakamega: Visit to at least one completed water project and meeting with the community. Then a tour of in-progress and potential water projects. Meals: breakfast, lunch (with the community group) dinner.

Day 5: Kakamega. Orientation to Kenyan school system. Meeting with the Provincial Director of Education. Visit to a school. Travelers may indicate a preference for secondary or elementary (gr 1-8) You are invited to prepare a short presentation on a topic of interest to you. (Most schools do not have power, so wall charts are best for visuals.)

2 TEACHING-EMPOWERING-MENTORING-BUILDING OPPORTUNITIES www.tembokenya.org

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Children are always interested in where you are from and have many questions. Meals: breakfast, lunch(at school), dinner.

Day 6 Kakamega Forest. Transfer to Rondo retreat. Visit to Isecheno primary school, a beneficiary of Tembo-Kenya funds. Guided walk in forest. Meals: breakfast, lunch (at school) dinner.

Day 7 Return to Kakamega and Sports Club. Visit to local jeweler and farmer, a community leader with several Tembo-Kenya projects in the area. Meals: breakfast, lunch (in community) dinner.

Day 8. Return flight to Nairobi. Travelers have the option of immediate transfer to an international flight, more time in Nairobi (not included) or safari to the Maasai Mara (not included)

Trip pricing:

Tembo-Kenya makes all in-country arrangements, including: in-country transportation, translation services, hotel accommodations and group meals. Attraction entries, international airfare, airport taxes, medical insurance and tourist visas are additional and travelers are responsible for purchasing their own tickets to/from Africa. Tembo-Kenya can assist in making air reservations and in making bookings for accommodation pre-and post tour.

\$1795 per person based on double occupancy. \$200 per person single supplement: (Note: we will try to link singles with another single traveler if possible on an individual basis, but travelers must be aware that hotel accommodation is double bed only.)

- hotels or similar (accommodations have private bathrooms, are clean and comfortable but not luxurious).
- meals as per itinerary
- land transfers
- English-Swahili speaking local guides
- Tembo-Kenya representative
- pre-trip documents including health information, packing list and visa information
- emergency air evacuation insurance



If you are interested in going on this trip, for more information or a registration form please contact Cheryl Filipenko 250 492 2540 talk2ca@hotmail.com

The tour will be moderately strenuous with foot travel on rough paths. Participants should be able to walk at least two kilometres and have good footwear and sun protection.

Not included: travel insurance; travel clinic consultation costs and shots; health insurance; visa fees; accommodation before the start and after the end of tour; entry fees to attractions in Nairobi; meals not indicated; beverages; gratuities; laundry

SPACE IS LIMITED FOR THIS TOUR, SO EARLY REGISTRATION IS ADVISABLE

Africa is not the destitute, hopeless continent that so many people think... It is a continent of energy, generosity, and hope. What is needed are the resources and training to put these invaluable assets into action.

-Measha Brueggergosman, New Brunswick, CA, in the *National Post*, July, 2007

Kakamega scenes

